The Value of Youth Sport Fishing Programs

Play in Nature

"The tragedy we are facing in this generation is that there is no time for children to explore, to play, to go outside.... outdoor play lets children "find themselves, find out what they're like as people, find what works, and what doesn't work.”  
-Dr. Berry Brazelton, professor of pediatrics, Harvard Medical School

“How the young respond to nature, and how they raise their own children, will shape the configurations and conditions of our cities, homes—our daily lives.”

-Richard Louv, Last Child in the Woods

“Play in nature, particularly during the critical period of middle childhood, appears to be an especially important time for developing the capacities for creativity, problem-solving, and emotional and intellectual development.”

- Dr. Stephen R. Kellert, Yale University

Did you know....

- Fishing offers unique opportunities for play in nature.
- Fishing teaches hand eye coordination and patience.
- Fishing builds confidence and self esteem.
- Fishing enhances problem solving and decision making skills
- Fishing teaches about science and the interactions of our living world.
- Fishing provides youth with a fun and easy way to spend quality time with friends or family.
- Fishing creates a strong connection with nature, teaching future stewards about the importance of a clean and healthy environment.
Kids Fishing Programs

Your local Sea Grant Agents are working to bring fishing to our youth. By partnering with Parks and Recreation Summer Camps, 4-H Programs, Volunteer and Non-Profits Groups we can add to existing programs with fishing curriculum.

Lee County Sea Grant has held 10 Kids Fishing Programs in the past year teaching approximately 250 youth. Our programs focus on rules and regulations, good stewardship practices, habitat protection and catch and release tools and techniques. We also focus on fishing safety and respect for our fellow angler and the resource we are enjoying.

The beauty of Youth Sport Fishing Programs is they create responsible marine resource stewards by teaching children the value and vulnerability of Florida’s marine ecosystems and sustainable angling skills.

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