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Twelve Common Native Edible Plants of Florida

ITEM	TASTE	AROMA	USED RAW/COOKED	AVAILABILITY	MOST COMMON USE
Hog plum	Leaves (like bitter almond)	Bitter almond smell	Plums eaten raw or cooked	From the wild	Eaten ripe or saturated in sugar
Saw palmetto berries,	Bitter	Fermented aroma	Raw (steeped in alcohol)	Specialty stores; from the wild	Liquor
Bladder Cherry	Like a sweet tomato	Tomato, sweet aroma	Raw fruit	From the wild	Fruits eaten in salad
Cocoplum,	Ripe fruit - sweet	Like ester (sweet)	Ripe raw fruit	From the wild/ornamental hedges	Fruits eaten ripe
Seagrape,	Fruit - acidic to sweet	Fermented aroma	Ripe raw fruit/juiced flesh	From the wild	Fruits eaten ripe/ Fermented to wine
Pond-apple,	Extremely sweet when ripe	Pungent/sweet	Immature-cooked;Ripe-raw	From the wild	Fruits eaten ripe
Acorns,	Bitter when collected fresh	mild	Soaked to remove tannins, powdered	Laurel and live oaks	Acorn meals (flour)
Shoreline purslane	Salty, slightly acidic	None	Cooked or fresh salad	Abundant on shores	Used in salads, ferments well for wine
Prickly pear cactus fruit,	Segments similar to string beans	Fruits aromatic	Segments raw, fruits when ripe	Specialty stores/wild	Segments in salads, fruits eaten ripe
Fox grape or muscadine grape	Acidic grape taste	Grapes	Ripe raw fruits	Specialty stores	Fresh or fermented for wine
Beautyberry	Slight smell of sage	Subtle	Ripe raw fruits	Common	Ripe fruits eaten; wines
Blackberry	Sweet, slight tart taste	Berry	Ripe fruit, leaves for tea	Upland sandy environment	Ripe fruits eaten; leaves brewed for tea

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